

Pos	Name	Club	Time	AG	Gender	Swim			T1				Bike				T2			Run			
						Split	Pos	Pace	Split	Pos	Cum Tim	Standir	Split	Pos	Pace	Speed	Cum Tim	Standi	Split	Pos	Split	Pos	Pace
1	Darren DUNNE (#24)	NENAGH TRIATHLON CLUB	01:01:50	20-29 (1)	Male (1)	00:09:16	3	00:01:14	00:04:24	1	00:13:40	2	00:29:28	3	00:01:32	39.10	00:43:08	1	00:01:44	1	00:16:55	1	00:03:34
2	Paul OGLE (#58)	WATERFORD TRIATHLON CLUB	01:04:25	40-49 (1)	Male (2)	00:10:31	7	00:01:24	00:04:56	7	00:15:27	7	00:28:46	1	00:01:30	40.05	00:44:13	2	00:02:02	7	00:18:08	6	00:03:49
3	Luke BURKE (#7)	PREDATOR	01:05:26	16-19 (1)	Male (3)	00:09:02	1	00:01:12	00:04:36	2	00:13:38	1	00:31:39	9	00:01:39	36.40	00:45:17	3	00:01:44	2	00:18:23	7	00:03:52
4	John ROURKE (#66)		01:05:27	40-49 (2)	Male (4)	00:11:53	28	00:01:35	00:04:44	4	00:16:37	11	00:28:51	2	00:01:30	39.93	00:45:28	4	00:02:14	20	00:17:44	3	00:03:44
5	Ciarán MADDEN (#39)	LONGFORD TC	01:06:18	20-29 (2)	Male (5)	00:09:14	2	00:01:14	00:04:37	3	00:13:51	3	00:32:00	14	00:01:40	36.00	00:45:51	5	00:02:02	8	00:18:24	8	00:03:52
6	Justin RYAN (#67)	TRIED AND TESTED	01:07:52	30-39 (1)	Male (6)	00:11:08	15	00:01:29	00:04:57	9	00:16:05	9	00:31:54	13	00:01:40	36.11	00:47:59	8	00:02:04	10	00:17:46	4	00:03:44
7	Ryan MANN (#115)	NIL	01:08:20	20-29 (3)	Male (7)	00:12:21	41	00:01:39	00:04:58	10	00:17:19	23	00:31:53	12	00:01:40	36.13	00:49:12	16	00:01:50	4	00:18:17	2	00:03:38
8	Clifford RODGERS (#63)		01:08:57	50-59 (1)	Male (8)	00:10:14	6	00:01:22	00:04:57	8	00:15:11	6	00:31:49	11	00:01:39	36.21	00:47:00	6	00:02:08	13	00:19:47	15	00:04:10
9	Aubrey STOREY (#69)	WATERFORD TRI CLUB	01:09:17	40-49 (3)	Male (9)	00:12:09	36	00:01:37	00:04:53	6	00:17:02	18	00:32:31	20	00:01:42	35.43	00:49:33	18	00:01:44	3	00:17:58	5	00:03:47
10	Shane O NEILL (#53)	BELPARK	01:10:10	30-39 (2)	Male (10)	00:13:09	69	00:01:45	00:05:18	16	00:18:27	45	00:29:53	4	00:01:33	38.55	00:48:20	9	00:02:27	39	00:19:21	11	00:04:04
11	James GRIFFIN (#30)	WATERFORD TRIATHLON CLUB	01:10:13	20-29 (4)	Male (11)	00:11:59	32	00:01:36	00:05:26	23	00:17:25	24	00:31:37	8	00:01:39	36.44	00:49:02	14	00:02:24	33	00:18:45	9	00:03:57
12	Daire NULTY (#51)	PULSE TRIATHLON CLUB	01:10:50	30-39 (3)	Male (12)	00:11:58	30	00:01:36	00:05:17	15	00:17:15	22	00:31:44	10	00:01:39	36.30	00:48:59	12	00:02:25	34	00:19:23	12	00:04:05
13	Mark MILLIGAN (#44)	TRILOGY	01:11:07	40-49 (4)	Male (13)	00:11:31	20	00:01:32	00:05:08	13	00:16:39	12	00:32:21	17	00:01:41	35.61	00:49:00	13	00:02:03	9	00:20:01	17	00:04:13
14	Michael BISHOP (#3)	BELPARK TRI	01:11:31	30-39 (4)	Male (14)	00:11:21	18	00:01:31	00:05:27	24	00:16:48	14	00:31:02	7	00:01:37	37.12	00:47:50	7	00:02:23	31	00:21:16	33	00:04:29
15	Toby BEDELL (#2)	TRIED & TESTED	01:12:25	50-59 (2)	Male (15)	00:13:04	65	00:01:45	00:05:10	14	00:18:14	38	00:30:39	5	00:01:36	37.59	00:48:53	10	00:02:10	15	00:21:21	34	00:04:30
16	Steven BREW (#81)	TRILOGY TRIATHLON CLUB	01:12:37	30-39 (5)	Male (16)	00:12:35	48	00:01:41	00:05:22	18	00:17:57	34	00:32:01	15	00:01:40	35.98	00:49:58	21	00:02:06	11	00:20:31	21	00:04:19
17	Luciano LICCIARDELLO (#36)	NAAS TRIATHLON CLUB	01:12:42	40-49 (5)	Male (17)	00:10:33	8	00:01:24	00:05:24	21	00:15:57	8	00:33:16	27	00:01:44	34.63	00:49:13	17	00:02:38	55	00:20:51	25	00:04:23
18	Ciarán O CONNOR (#52)	WATERFORD TRIATHLON CLUB	01:12:52	30-39 (6)	Male (18)	00:11:32	21	00:01:32	00:06:30	76	00:18:02	36	00:30:55	6	00:01:37	37.26	00:48:57	11	00:02:22	28	00:21:31	37	00:04:32
19	Charlotte MOORE (#47)		01:12:57	16-19 (1)	Female (1)	00:09:48	4	00:01:18	00:04:53	5	00:14:41	4	00:34:57	48	00:01:49	32.96	00:49:38	19	00:02:01	6	00:21:16	32	00:04:29
20	Kevin MCDONNELL (#42)		01:13:16	20-29 (5)	Male (19)	00:12:55	60	00:01:43	00:05:58	41	00:18:53	51	00:32:19	16	00:01:41	35.65	00:51:12	27	00:02:45	67	00:19:17	10	00:04:04
21	Ciaran FITZGIBBON (#27)	3D TRIATHLON CLUB	01:13:52	30-39 (7)	Male (20)	00:12:29	43	00:01:40	00:05:46	34	00:18:15	41	00:32:31	21	00:01:42	35.43	00:50:46	25	00:02:19	26	00:20:46	23	00:04:22
22	Ciara WILSON (#72)		01:13:57	30-39 (1)	Female (2)	00:11:51	26	00:01:35	00:05:41	28	00:17:32	25	00:34:28	44	00:01:48	33.42	00:52:00	30	00:02:17	23	00:19:38	14	00:04:08
23	Kavan DONOHOE (#20)	CAVAN	01:14:33	20-29 (6)	Male (21)	00:11:48	25	00:01:34	00:05:07	12	00:16:55	16	00:35:30	55	00:01:51	32.45	00:52:25	37	00:02:31	46	00:19:35	13	00:04:07
24	Eric CLONAN (#16)	PIRANHA	01:14:55	20-29 (7)	Male (22)	00:10:59	13	00:01:28	00:05:24	22	00:16:23	10	00:33:19	28	00:01:44	34.58	00:49:42	20	00:02:43	62	00:22:27	48	00:04:44
25	Olivia MOORE (#48)		01:15:18	16-19 (2)	Female (3)	00:09:48	5	00:01:18	00:05:07	11	00:14:55	5	00:35:17	53	00:01:50	32.65	00:50:12	22	00:02:11	16	00:22:53	60	00:04:49
26	Darren COLEMAN (#84)	RACING 795	01:15:31	30-39 (8)	Male (23)	00:13:09	70	00:01:45	00:05:52	36	00:19:01	54	00:33:05	25	00:01:43	34.82	00:52:06	33	00:02:28	40	00:20:55	26	00:04:24
27	Niall BARRY (#148)		01:15:32	40-49 (6)	Male (24)	00:12:37	51	00:01:41	00:05:49	35	00:18:26	44	00:34:05	37	00:01:47	33.80	00:52:31	39	00:01:59	5	00:21:00	30	00:04:25
28	Aidan CLARKE (#15)	WEXFORD TRIATHLON CLUB	01:15:32	30-39 (9)	Male (25)	00:13:00	62	00:01:44	00:06:21	66	00:19:21	58	00:32:52	22	00:01:43	35.05	00:52:13	35	00:02:49	76	00:20:29	20	00:04:19
29	Colm O'GORMAN (#59)	BELPARK	01:15:48	30-39 (10)	Male (26)	00:11:58	31	00:01:36	00:05:55	38	00:17:53	33	00:32:54	23	00:01:43	35.02	00:50:47	26	00:02:18	24	00:22:42	53	00:04:47
30	Michael MACKEN (#38)	ATHLONE TRIATHLON CLUB	01:15:49	50-59 (3)	Male (27)	00:11:16	17	00:01:30	00:05:56	39	00:17:12	20	00:33:15	26	00:01:44	34.65	00:50:27	23	00:02:22	29	00:22:59	64	00:04:50
31	Steven MOODY (#45)	PIRANHA TRIATHLON CLUB	01:16:02	40-49 (7)	Male (28)	00:12:41	55	00:01:41	00:06:34	79	00:19:15	57	00:33:50	32	00:01:46	34.05	00:53:05	44	00:02:30	41	00:20:25	18	00:04:18
32	Olivia MC CARTIN (#40)	ATHLONE TRIATHLON CLUB	01:16:29	40-49 (1)	Female (4)	00:12:39	53	00:01:41	00:05:22	19	00:18:01	35	00:33:58	35	00:01:46	33.92	00:51:59	29	00:02:15	22	00:22:13	42	00:04:41
33	Neil GRIFFIN (#31)	WATERFORD TRIATHLON CLUB	01:16:38	30-39 (11)	Male (29)	00:11:42	23	00:01:34	00:06:05	45	00:17:47	29	00:32:57	24	00:01:43	34.96	00:50:44	24	00:03:06	105	00:22:47	59	00:04:48
34	Paul O'DONOVAN (#57)	PIRANHA	01:17:20	40-49 (8)	Male (30)	00:11:23	19	00:01:31	00:06:15	59	00:17:38	26	00:34:19	41	00:01:47	33.57	00:51:57	28	00:02:35	53	00:22:46	57	00:04:48
35	Ciara ROONEY (#64)	BELPARK TRIATHLON CLUB	01:17:42	20-29 (1)	Female (5)	00:11:40	22	00:01:33	00:06:26	71	00:18:06	37	00:35:47	61	00:01:52	32.19	00:53:53	50	00:02:52	81	00:20:55	27	00:04:24
36	Cian MURRAY (#129)		01:17:43	20-29 (8)	Male (31)	00:11:04	14	00:01:29	00:06:06	48	00:17:10	19	00:35:15	51	00:01:50	32.68	00:52:25	36	00:02:51	79	00:22:27	49	00:04:44
37	Mathieu NORRY (#199)	BEL PARK	01:17:50	40-49 (9)	Male (32)	00:12:28	42	00:01:40	00:05:20	17	00:17:48	30	00:35:47	60	00:01:52	32.19	00:53:35	45	00:02:11	17	00:22:02	40	00:04:38
38	John CORCORAN (#18)	TRILOGY	01:17:56	50-59 (4)	Male (33)	00:10:46	11	00:01:26	00:05:59	42	00:16:45	13	00:32:26	19	00:01:41	35.52	00:49:11	15	00:02:59	95	00:25:43	102	00:05:25
39	Keith POLLARD (#61)	ATHY TRI CLUB	01:18:14	40-49 (10)	Male (34)	00:12:30	45	00:01:40	00:06:56	95	00:19:26	61	00:34:17	40	00:01:47	33.60	00:53:43	46	00:03:32	134	00:20:57	29	00:04:25
40	John KENNY (#33)	AMS TRIATHLON	01:18:24	50-59 (5)	Male (35)	00:10:35	9	00:01:25	00:06:18	62	00:16:53	15	00:35:12	50	00:01:50	32.73	00:52:05	32	00:02:26	37	00:23:50	76	00:05:01
41	Patrick MURPHY (#128)	KILKENNY	01:18:32	20-29 (9)	Male (36)	00:12:12	38	00:01:38	00:06:05	46	00:18:17	42	00:34:27	43	00:01:48	33.44	00:52:44	43	00:03:05	103	00:22:41	52	00:04:47
42	Allister MCCORD (#119)		01:18:35	20-29 (10)	Male (37)	00:11:59	33	00:01:36	00:05:42	29	00:17:41	28	00:36:15	68	00:01:53	31.78	00:53:56	51	00:02:39	58	00:21:58	39	00:04:37
43	Adrian WANCZYK (#144)	RACING 795	01:18:38	40-49 (11)	Male (38)	00:13:54	88	00:01:51	00:06:09	51	00:20:03	74	00:32:23	18	00:01:41	35.57	00:52:26	38	00:02:52	80	00:23:18	68	00:04:54

56	Nicola MORONEY (#125)	TRIED AND TESTED	01:20:24	40-49 (4)	Female (10)	00:11:52	27	00:01:35	00:05:46	33	00:17:38	27	00:36:54	74	00:01:55	31.22	00:54:32	54	00:02:44	64	00:23:05	66	00:04:52
57	Darren ROONEY (#65)	BELPARK	01:20:43	30-39 (16)	Male (47)	00:13:21	77	00:01:47	00:06:13	57	00:19:34	63	00:34:53	47	00:01:49	33.02	00:54:27	53	00:02:30	42	00:23:43	75	00:05:00
58	Gerald LYNCH (#113)	ATHLONE TRIATHLON CLUB	01:20:47	30-39 (17)	Male (48)	00:12:36	49	00:01:41	00:05:59	43	00:18:35	47	00:34:06	38	00:01:47	33.78	00:52:41	41	00:02:35	54	00:25:30	97	00:05:22
59	Chris ROCKS (#213)		01:21:11	30-39 (18)	Male (49)	00:14:23	100	00:01:55	00:06:26	72	00:20:49	88	00:37:41	82	00:01:58	30.57	00:58:30	80	00:02:46	73	00:19:53	16	00:04:11
60	Paddy DORAN (#88)	TRILOGY	01:21:18	50-59 (8)	Male (50)	00:12:44	56	00:01:42	00:06:25	70	00:19:09	55	00:33:27	30	00:01:45	34.44	00:52:36	40	00:03:06	106	00:25:34	99	00:05:23
62	Isabelle CAIRNS (#9)	BELPARK	01:21:49	20-29 (3)	Female (11)	00:13:00	63	00:01:44	00:05:45	31	00:18:45	49	00:38:29	93	00:02:00	29.94	00:57:14	72	00:02:23	32	00:22:10	41	00:04:40
63	Michael DONOHUE (#21)		01:21:57	30-39 (19)	Male (52)	00:13:10	72	00:01:45	00:06:34	80	00:19:44	68	00:36:47	72	00:01:55	31.32	00:56:31	67	00:02:36	56	00:22:47	58	00:04:48
64	Paul RUANE (#136)		01:22:05	40-49 (14)	Male (53)	00:14:17	98	00:01:54	00:06:18	63	00:20:35	80	00:35:30	56	00:01:51	32.45	00:56:05	64	00:02:57	90	00:23:01	65	00:04:51
65	Eoin DWYER (#93)	LOUGH KEY	01:22:06	16-19 (2)	Male (54)	00:10:45	10	00:01:26	00:06:16	61	00:17:01	17	00:39:15	102	00:02:03	29.35	00:56:16	65	00:03:21	122	00:22:27	50	00:04:44
66	Monica FREIBAND (#101)	KILKENNY TRIATHLON CLUB	01:22:11	30-39 (3)	Female (12)	00:14:08	92	00:01:53	00:06:07	49	00:20:15	76	00:35:48	62	00:01:52	32.18	00:56:03	63	00:02:30	43	00:23:36	72	00:04:58
67	Eamonn CARROLL (#13)	N/A	01:22:12	20-29 (12)	Male (55)	00:13:55	89	00:01:51	00:07:26	117	00:21:21	95	00:38:16	91	00:02:00	30.10	00:59:37	87	00:02:06	12	00:20:28	19	00:04:19
68	Paul WILLIAMS (#145)	PORTMARNOCK TRIATHLON CLUB	01:22:27	30-39 (20)	Male (56)	00:12:36	50	00:01:41	00:06:11	53	00:18:47	50	00:33:25	29	00:01:44	34.47	00:52:12	34	00:03:00	97	00:27:12	116	00:05:44
69	John BREHENY (#78)	PIRAHNA	01:22:46	30-39 (21)	Male (57)	00:12:39	54	00:01:41	00:06:50	89	00:19:29	62	00:35:49	63	00:01:52	32.16	00:55:18	58	00:02:39	60	00:24:48	85	00:05:13
70	Amelia DRUMM (#91)	LOULETANO	01:23:17	40-49 (5)	Female (13)	00:15:13	115	00:02:02	00:05:40	27	00:20:53	89	00:37:48	84	00:01:58	30.48	00:58:41	82	00:02:11	18	00:22:22	45	00:04:43
71	Conor HEFFERNAN (#32)	TRILOGY TRIATHLON CLUB	01:23:39	20-29 (13)	Male (58)	00:13:23	80	00:01:47	00:06:12	56	00:19:35	64	00:37:32	80	00:01:57	30.69	00:57:07	71	00:02:34	51	00:23:56	77	00:05:02
72	Patrick DUNNE (#25)	CARLOW TRI CLUB	01:24:20	40-49 (15)	Male (59)	00:14:38	106	00:01:57	00:06:39	82	00:21:17	93	00:37:52	85	00:01:58	30.42	00:59:09	84	00:02:55	87	00:22:13	43	00:04:41
73	Elaine GIBSON (#102)	RACING795	01:24:32	40-49 (6)	Female (14)	00:13:51	86	00:01:51	00:06:50	90	00:20:41	84	00:37:01	75	00:01:56	31.12	00:57:42	76	00:03:08	107	00:23:40	74	00:04:59
74	Austin MURPHY (#127)	KILKENNY	01:24:54	30-39 (22)	Male (60)	00:12:29	44	00:01:40	00:07:08	104	00:19:37	65	00:38:13	90	00:01:59	30.14	00:57:50	77	00:02:45	70	00:24:17	79	00:05:07
75	Daniel FARRELL (#175)		01:24:56	20-29 (14)	Male (61)	00:13:12	73	00:01:46	00:06:46	86	00:19:58	73	00:41:09	124	00:02:09	28.00	01:01:07	107	00:02:52	83	00:20:55	28	00:04:24
76	Niamh CURRAN (#169)	KILKENNY	01:25:20	20-29 (4)	Female (15)	00:12:32	46	00:01:40	00:06:12	55	00:18:44	48	00:40:35	115	00:02:07	28.39	00:59:19	85	00:03:02	99	00:22:56	62	00:04:50
77	Alex MANOLE (#116)		01:25:40	30-39 (23)	Male (62)	00:16:10	143	00:02:09	00:05:45	32	00:21:55	105	00:35:34	57	00:01:51	32.39	00:57:29	73	00:03:16	116	00:24:54	88	00:05:15
78	Rav HEARNE (#107)	PULSE	01:25:54	40-49 (16)	Male (63)	00:16:08	142	00:02:09	00:06:48	88	00:22:56	125	00:36:49	73	00:01:55	31.29	00:59:45	90	00:02:52	82	00:23:15	67	00:04:54
79	Gavin YOUNG (#73)		01:26:11	50-59 (9)	Male (64)	00:13:00	64	00:01:44	00:05:57	40	00:18:57	52	00:37:33	81	00:01:57	30.68	00:56:30	66	00:02:02	98	00:26:36	108	00:05:36
80	Kieran TUMULTY (#216)	PIRANHA TC	01:26:19	30-39 (24)	Male (65)	00:14:52	113	00:01:59	00:07:21	111	00:22:13	109	00:38:29	94	00:02:00	29.94	01:00:42	102	00:03:12	111	00:22:23	47	00:04:43
81	Sean BUCKLEY (#6)	MIDDLETON CTC	01:26:30	40-49 (17)	Male (66)	00:13:35	83	00:01:49	00:07:03	99	00:20:38	83	00:36:05	67	00:01:53	31.93	00:56:43	69	00:03:17	117	00:26:28	107	00:05:34
82	Gavin DUFFY (#22)	STAFFORD BONDED	01:26:31	30-39 (25)	Male (67)	00:14:25	101	00:01:55	00:07:37	125	00:22:02	107	00:33:56	34	00:01:46	33.95	00:55:58	61	00:02:48	75	00:27:42	122	00:05:50
83	Shane MCLOUGHLIN (#122)	NONE	01:26:32	20-29 (15)	Male (68)	00:12:46	57	00:01:42	00:06:36	81	00:19:22	59	00:40:48	121	00:02:07	28.24	01:00:10	94	00:03:22	124	00:22:57	63	00:04:50
84	Mary WALSH (#143)	NAAS TRIATHLON CLUB	01:26:41	30-39 (4)	Female (16)	00:13:53	87	00:01:51	00:06:11	54	00:20:04	75	00:39:33	105	00:02:04	29.13	00:59:37	88	00:02:30	45	00:24:33	84	00:05:10
85	Keith HAUGHTON (#177)		01:26:50	50-59 (10)	Male (69)	00:13:04	66	00:01:45	00:07:15	109	00:20:19	78	00:36:32	69	00:01:54	31.53	00:56:51	70	00:02:49	77	00:27:09	114	00:05:43
86	Gary QUIRKE (#212)	COLLINS CYCLE CENTRE TRIATHLON CLUB	01:26:55	40-49 (18)	Male (70)	00:15:34	125	00:02:05	00:07:08	105	00:22:42	121	00:35:46	59	00:01:52	32.21	00:58:28	79	00:02:59	96	00:25:25	96	00:05:21
87	Carmel FITZGIBBON (#98)	COLLINS TRIATHLON CLUB	01:27:10	30-39 (5)	Female (17)	00:14:11	94	00:01:53	00:06:24	69	00:20:35	81	00:40:30	113	00:02:07	28.44	01:01:05	106	00:03:10	110	00:22:53	61	00:04:49
88	Paul BOWE (#76)	KILKENNY TC	01:27:33	40-49 (19)	Male (71)	00:15:55	138	00:02:07	00:07:34	121	00:23:29	136	00:35:55	64	00:01:52	32.07	00:59:24	86	00:02:41	61	00:25:25	95	00:05:21
89	Jeremy DOVER (#171)	KILKENNY	01:27:39	20-29 (16)	Male (72)	00:15:17	116	00:02:02	00:06:27	73	00:21:44	101	00:39:00	99	00:02:02	29.54	01:00:44	103	00:02:45	71	00:24:09	78	00:05:05
90	Conor MC QUILLAN (#184)	KILKENNY	01:27:46	30-39 (26)	Male (73)	00:15:32	122	00:02:04	00:06:22	68	00:21:54	104	00:38:58	98	00:02:02	29.56	01:00:52	104	00:02:25	35	00:24:28	81	00:05:09
91	Martina MCINTYRE (#43)	NONE	01:27:49	50-59 (1)	Female (18)	00:15:36	127	00:02:05	00:06:39	83	00:22:15	110	00:38:12	89	00:01:59	30.16	01:00:27	98	00:02:26	38	00:24:54	87	00:05:15
92	Edward COSGROVE (#163)	PIRANHA	01:27:52	40-49 (20)	Male (74)	00:15:39	128	00:02:05	00:07:38	126	00:23:17	133	00:38:05	87	00:01:59	30.25	01:01:22	108	00:02:52	84	00:23:37	73	00:04:58
93	Aimee CARR-HANNON (#12)	PULSE TRIATHLON CLUB	01:27:59	16-19 (3)	Female (19)	00:12:03	35	00:01:36	00:06:20	65	00:18:23	43	00:39:17	104	00:02:03	29.33	00:57:40	75	00:02:30	44	00:27:48	124	00:05:51
94	Maeva CORRY (#162)		01:28:08	20-29 (5)	Female (20)	00:13:05	67	00:01:45	00:06:51	91	00:19:56	71	00:40:44	120	00:02:07	28.28	01:00:40	101	00:02:58	93	00:24:29	82	00:05:09
95	Joe SWEENEY (#139)	PULSE	01:28:31	50-59 (11)	Male (75)	00:14:01	90	00:01:52	00:07:52	136	00:21:53	103	00:38:04	86	00:01:59	30.26	00:59:57	93	00:02:44	65	00:25:47	103	00:05:26
96	Peter BRENNAN (#80)	RACING 795	01:28:31	30-39 (27)	Male (76)	00:12:33	47	00:01:40	00:07:10	106	00:19:43	67	00:36:05	66	00:01:53	31.93	00:55:48	60	00:02:33	50	00:30:07	136	00:06:20
97	Mark OCONNOR (#131)	TRALEE	01:28:36	30-39 (28)	Male (77)	00:16:34	146	00:02:13	00:06:10	52	00:22:44	122	00:35:38	58	00:01:51	32.33	00:58:22	78	00:02:57	91	00:27:15	118	00:05:44
98	Eoin O' NEILL (#54)	GOTRI ENNIS	01:28:56	20-29 (17)	Male (78)	00:15:41	131	00:02:05	00:07:32	120	00:23:13	132	00:37:26	79	00:01:57	30.77	01:00:39	100	00:03:19	120	00:24:55	89	00:05:15
99	Warren Codd (#156)	BELPARK	01:29:07	30-39 (29)	Male (79)	00:15:34	124	00:02:05	00:07:03	100	00:22:37	119	00:37:42	83	00:01:58	30.56	01:00:19	96	00:03:31	133	00:25:15	92	00:05:19
100	Eoin COUGHLAN (#164)	PIRANHA	01:29:13	20-29 (18)	Male (80)	00:14:09	93	00:01:53	00:08:38	152	00:22:47	124	00:40:16	111	00:02:06	28.61	01:03:03	116	00:03:25	129	00:22:42	55	00:04:47
101	Deborah CARR (#11)	PULSE TRIATHLON CLUB	01:29:14	50-59 (2)	Female (21)	00:12:51	59	00:01:43	00:07:06	103	00:19:57	72	00:38:35	95	00:02:01	29.86	00:58:32	81	00:03:19	119	00:27:22	120	00:05:46
102	Diarmuid LYNCH (#181)		01:29:28	30-39 (30)	Male (81)	00:15:53	137	00:02:07	00:06:44	85	00:22:37	118	00:39:09	101	00:02:02	29.43	01:01:46	110	00:02:08	14	00:25:33	98	00:05:23
103	Caoimhe MOORE (#46)	NONE	01:30:34	16-19 (4)	Female (22)	00:10:53	12	00:01:27	00:06:55	93	00:17:48	31	00:43:15	141	00:02:15	26.64	01:01:03	105	00:02:18	25	00:27:11	115	00:05:43
104	Lee PYKE (#210)	ENDURO	01:30:35	40-49 (21)	Male (82)	00:15:39	129	00:02:05	00:07:32	119	00:23:11	131	00:36:37	70	00:01:54	31							

113	Marion DOWLING (#172)	RACING795	01:32:29	40-49 (7)	Female (23)	00:15:29	121	00:02:04	00:07:36	123	00:23:05	128	00:40:24	112	00:02:06	28.51	01:03:29	119	00:03:50	141	00:25:09	91	00:05:18
114	Neil PHELAN (#60)		01:32:49	20-29 (20)	Male (91)	00:13:21	78	00:01:47	00:07:40	129	00:21:01	91	00:42:55	137	00:02:14	26.84	01:03:56	123	00:03:12	112	00:25:39	100	00:05:24
115	Rachel WHITE (#70)		01:32:54	16-19 (5)	Female (24)	00:11:45	24	00:01:34	00:06:29	74	00:18:14	39	00:41:25	127	00:02:09	27.81	00:59:39	89	00:02:34	52	00:30:39	140	00:06:27
116	Jonathan F1 FREEMAN (#28)	PIRANHA	01:33:29	30-39 (33)	Male (92)	00:11:57	29	00:01:36	00:07:40	128	00:19:37	66	00:44:49	150	00:02:20	25.70	01:04:26	126	00:03:59	148	00:25:02	90	00:05:16
117	Stephen O'MALLEY (#133)		01:33:29	30-39 (34)	Male (93)	00:18:15	158	00:02:26	00:07:25	116	00:25:40	152	00:41:13	125	00:02:09	27.95	01:06:53	140	00:03:05	104	00:23:29	71	00:04:57
118	Wayne BRENNAN (#154)		01:33:31	30-39 (35)	Male (94)	00:15:41	132	00:02:05	00:07:21	112	00:23:02	127	00:39:53	109	00:02:05	28.88	01:02:55	115	00:03:26	131	00:27:08	113	00:05:43
119	Kevin FALVEY (#95)	TRIED & TESTED	01:33:45	30-39 (36)	Male (95)	00:14:46	111	00:01:58	00:06:44	84	00:21:30	97	00:42:17	133	00:02:12	27.24	01:03:47	121	00:03:52	143	00:26:03	104	00:05:29
120	Cian MOLONEY (#192)		01:33:50	30-39 (37)	Male (96)	00:16:51	149	00:02:15	00:08:47	155	00:25:38	151	00:37:02	76	00:01:56	31.11	01:02:40	114	00:03:08	109	00:28:01	125	00:05:54
121	Emma CHATHAM (#14)	PULSE TC	01:33:51	40-49 (8)	Female (25)	00:13:08	68	00:01:45	00:07:36	122	00:20:44	85	00:38:07	88	00:01:59	30.22	00:58:51	83	00:04:47	159	00:30:12	138	00:06:21
122	Barry HEALY (#106)	ATHY TRIATHLON CLUB	01:33:54	50-59 (12)	Male (97)	00:15:19	118	00:02:03	00:08:09	143	00:23:28	135	00:40:36	117	00:02:07	28.37	01:04:04	124	00:03:21	123	00:26:26	106	00:05:34
123	Neil RUBOTHAM (#137)		01:34:14	30-39 (38)	Male (98)	00:12:56	61	00:01:43	00:06:15	60	00:19:11	56	00:40:36	116	00:02:07	28.37	00:59:47	91	00:03:08	108	00:31:17	144	00:06:35
124	John FINLAY (#26)	TRITANIUM	01:34:15	20-29 (21)	Male (99)	00:12:15	40	00:01:38	00:08:22	148	00:20:37	82	00:42:39	135	00:02:13	27.01	01:03:16	118	00:03:55	145	00:27:01	112	00:05:41
125	Rebecca CONDELL (#158)	TRILOGY TRIATHLON CLUB	01:34:33	20-29 (6)	Female (26)	00:15:55	139	00:02:07	00:06:29	75	00:22:24	112	00:41:30	128	00:02:10	27.76	01:03:54	122	00:03:18	118	00:27:19	119	00:05:45
126	Mike KIERNAN (#179)		01:34:55	20-29 (22)	Male (100)	00:16:52	150	00:02:15	00:07:23	114	00:24:15	141	00:43:01	140	00:02:14	26.78	01:07:16	142	00:02:22	30	00:25:16	93	00:05:19
127	Craig O KEEFFE (#201)	WATERFORD TRIATHLON CLUB	01:35:01	20-29 (23)	Male (101)	00:22:33	165	00:03:00	00:07:42	130	00:30:15	165	00:37:23	78	00:01:57	30.82	01:07:38	145	00:03:57	146	00:23:24	70	00:04:56
128	Anthony PATTERSON (#208)	MALLOW TRIATHLON CLUB	01:35:08	50-59 (13)	Male (102)	00:17:45	156	00:02:22	00:08:03	142	00:25:48	153	00:40:10	110	00:02:06	28.68	01:05:58	134	00:03:26	132	00:25:42	101	00:05:25
129	John CREGAN (#167)		01:35:13	30-39 (39)	Male (103)	00:15:21	120	00:02:03	00:06:14	58	00:21:35	100	00:42:55	138	00:02:14	26.84	01:04:30	127	00:02:25	36	00:28:17	127	00:05:57
130	Claire MOCKLER (#123)	COLLINS TRIATHLON CLUB	01:35:41	30-39 (6)	Female (27)	00:15:17	117	00:02:02	00:06:55	94	00:22:12	108	00:44:41	148	00:02:20	25.78	01:06:53	141	00:02:38	57	00:26:08	105	00:05:30
131	Liam O RIAIN (#202)		01:36:00	40-49 (26)	Male (104)	00:15:44	133	00:02:06	00:06:56	96	00:22:40	120	00:42:16	132	00:02:12	27.26	01:04:56	130	00:04:13	157	00:26:48	110	00:05:39
132	Triona GRENNAN (#29)	EDEN TRI CLUB	01:36:12	40-49 (9)	Female (28)	00:12:02	34	00:01:36	00:09:56	162	00:21:58	106	00:38:27	92	00:02:00	29.96	01:00:25	97	00:04:53	162	00:30:53	143	00:06:30
133	Stephen MCCAFFERY (#41)		01:37:01	40-49 (27)	Male (105)	00:14:28	103	00:01:56	00:08:02	140	00:22:30	114	00:39:43	107	00:02:04	29.01	01:02:13	111	00:05:30	166	00:29:16	132	00:06:10
134	Clara BRACKEN (#77)	NEW ROSS	01:37:55	40-49 (10)	Female (29)	00:15:32	123	00:02:04	00:06:48	87	00:22:20	111	00:43:50	145	00:02:17	26.28	01:06:10	138	00:02:45	72	00:28:57	130	00:06:06
135	Tom BOURKE (#150)	NEW ROSS TRIATHLON CLUB	01:38:21	40-49 (28)	Male (106)	00:16:01	140	00:02:08	00:07:29	118	00:23:30	137	00:42:36	134	00:02:13	27.04	01:06:06	136	00:03:14	114	00:28:59	131	00:06:06
136	Cormac BROWNE (#5)		01:38:55	16-19 (3)	Male (107)	00:13:23	81	00:01:47	00:07:22	113	00:20:45	86	00:43:51	146	00:02:17	26.27	01:04:36	128	00:04:00	151	00:30:16	139	00:06:22
137	Anthony MOONEY (#193)	KILKENNY	01:39:19	30-39 (40)	Male (108)	00:15:35	126	00:02:05	00:07:24	115	00:22:59	126	00:42:59	139	00:02:14	26.80	01:05:58	135	00:03:22	125	00:29:57	134	00:06:18
138	Patrick KELLY (#178)		01:39:25	50-59 (14)	Male (109)	00:14:43	110	00:01:58	00:09:22	158	00:24:05	140	00:44:37	147	00:02:19	25.82	01:08:42	147	00:02:58	94	00:27:43	123	00:05:50
139	Amanda KIRWAN (#180)	PORTLAOISE	01:39:34	30-39 (7)	Female (30)	00:21:11	163	00:02:49	00:07:05	102	00:28:16	163	00:41:21	126	00:02:09	27.86	01:09:37	152	00:02:56	88	00:26:59	111	00:05:41
140	Labhaoise BOYLE (#151)	OLYMPIAN	01:40:02	30-39 (8)	Female (31)	00:18:16	159	00:02:26	00:07:36	124	00:25:52	154	00:41:31	129	00:02:10	27.75	01:07:23	143	00:03:42	138	00:28:56	129	00:06:05
141	Rebecca DOYLE (#173)	NEW ROSS	01:41:15	40-49 (11)	Female (32)	00:14:16	97	00:01:54	00:08:15	146	00:22:31	115	00:44:59	151	00:02:21	25.61	01:07:30	144	00:03:42	139	00:30:01	135	00:06:19
142	Margaret QUIGLEY (#211)		01:41:31	20-29 (7)	Female (33)	00:14:36	104	00:01:57	00:06:58	98	00:21:34	99	00:47:51	160	00:02:30	24.08	01:09:25	151	00:02:44	66	00:29:21	133	00:06:11
143	Luke FLANAGAN (#176)		01:41:45	30-39 (41)	Male (110)	00:18:13	157	00:02:26	00:06:57	97	00:25:10	149	00:40:33	114	00:02:07	28.41	01:05:43	132	00:02:31	47	00:33:29	155	00:07:03
144	Sarah WHITE (#71)		01:42:12	40-49 (12)	Female (34)	00:15:07	114	00:02:01	00:08:17	147	00:23:24	134	00:39:07	100	00:02:02	29.45	01:02:31	113	00:03:55	144	00:35:45	161	00:07:32
145	Thomas MURRAY (#50)		01:43:38	40-49 (29)	Male (111)	00:12:14	39	00:01:38	00:10:51	165	00:23:05	129	00:43:37	143	00:02:16	26.41	01:06:42	139	00:04:04	152	00:32:50	148	00:06:55
146	John MULCAHY (#194)		01:43:39	30-39 (42)	Male (112)	00:16:05	141	00:02:09	00:08:11	144	00:24:16	142	00:48:14	162	00:02:31	23.88	01:12:30	157	00:02:50	78	00:28:16	126	00:05:57
147	Michelle GILLICK (#103)	TRITANIUM	01:44:24	40-49 (13)	Female (35)	00:14:03	91	00:01:52	00:08:28	149	00:22:31	116	00:43:39	144	00:02:16	26.39	01:06:10	137	00:04:49	160	00:33:23	154	00:07:02
148	Michael SCANNELL (#138)	CORK TRIATHLON CLUB	01:44:39	50-59 (15)	Male (113)	00:15:52	136	00:02:07	00:06:52	92	00:22:44	123	00:39:34	106	00:02:04	29.12	01:02:18	112	00:03:45	140	00:38:33	165	00:08:07
149	Patricia EADIE (#94)	PIRANHA TRI CLUB	01:45:28	60-69 (1)	Female (36)	00:15:52	135	00:02:07	00:08:54	156	00:24:46	145	00:41:07	123	00:02:08	28.02	01:05:53	133	00:03:51	142	00:35:42	160	00:07:31
150	Aoife O'LOUGHLIN (#205)	N/A	01:46:09	20-29 (8)	Female (37)	00:15:51	134	00:02:07	00:08:00	139	00:23:51	139	00:46:01	156	00:02:24	25.03	01:09:52	153	00:03:22	126	00:32:53	149	00:06:55
151	Jane WHELAN (#218)	TRILOGY	01:46:11	60-69 (2)	Female (38)	00:19:53	162	00:02:39	00:07:58	137	00:27:51	162	00:41:05	122	00:02:08	28.04	01:08:56	148	00:03:59	149	00:33:13	151	00:07:00
152	Craig POTTER (#62)	WEXFORD TRIATHLON CLUB	01:46:25	30-39 (43)	Male (114)	00:14:13	96	00:01:54	00:07:11	107	00:21:24	96	00:47:56	161	00:02:30	24.03	01:09:20	150	00:03:41	137	00:33:22	153	00:07:01
153	Ciarán PHILLIPS (#209)	PULSE TRIATHLON CLUB	01:46:45	50-59 (16)	Male (115)	00:17:31	154	00:02:20	00:09:24	159	00:26:55	159	00:41:40	130	00:02:10	27.65	01:08:35	146	00:05:00	163	00:33:08	150	00:06:59
154	Emma MCGRANE (#189)	PULSE TRIATHLON CLUB	01:46:53	50-59 (3)	Female (39)	00:16:50	148	00:02:15	00:07:59	138	00:24:49	146	00:45:55	155	00:02:23	25.09	01:10:44	156	00:03:40	135	00:32:28	147	00:06:50
155	Emma MCCARTNEY (#118)	TRITANIUM TRIATHLON CLUB	01:47:22	30-39 (9)	Female (40)	00:14:37	105	00:01:57	00:08:29	150	00:23:06	130	00:41:41	131	00:02:10	27.64	01:04:47	129	00:04:13	156	00:38:20	164	00:08:04
156	Ingrid CONDELL (#157)	TRILOGY	01:48:04	50-59 (4)	Female (41)	00:16:46	147	00:02:14	00:08:11	145	00:24:57	147	00:45:31	153	00:02:22	25.31	01:10:28	155	00:04:16	158	00:33:18	152	00:07:01
157	Becca SWEENEY (#215)		01:49:10	20-29 (9)	Female (42)	00:19:08	160	00:02:33	00:08:42	153	00:27:50	161	00:47:25	158	00:02:28	24.30	01:15:15	161	00:03:03	101	00:30:50	142	00:06:29
158	Paul O CONNOR (#200)		01:49:13	40-49 (30)	Male (116)	00:17:21	153	00:02:19	00:10:00	163	00:27:21	160	00:42:47	136	00:02:14	26.93	01:10:08	154	00:04:04	153	00:34:59	157	00:07:22
159	Brian BRENNAN (#79)		01:50:25	20-29 (24)	Male (117)	00:23:16	166	00:03:06	00:08:43	154	00:31:59	166	00:45:43	154	00:02:23	25.20	01:17:42	165	00:02:32	48	00:30:09		